



MEDIA RELEASE

Unfold your heart at Trees

(Cape Town, 31 January 2012) The romantic Trees Restaurant at the Townhouse Hotel in the leafy heart of central Cape Town is hosting a special Valentine's Day dinner on Tuesday 14 February.

"We've put together two fragrant and sophisticated menus for Valentine's Day – a three course menu or an even more decadent a four course experience" says executive chef, Stefan Schmidt. "Guests will be treated to a few little surprises as part of their menu!"

"Upon welcome, diners will be treated to a complimentary glass of bubbly. The starter is a choice of galantine of free range chicken, with a salad of shiitake mushrooms and spring onions, rocket leaves, pecorino shavings and truffle oil scented vinaigrette, or an entrée of smoked salmon trout roulade with goat's cheese set on a potato rösti, served with cucumber jelly with dill, beetroot reduction and wasabi crème fraiche."

"Those who opted for the four course menu will enjoy a second course of pan fried black tiger prawn, served with mango and chilli atchar, micro greens, and a red curry dressing."

Lemon and mint sorbet topped with cranberry mojito will refresh the palette between the starters and mains.

"Options for main course include pan fried veal crepinette filled with olive tapenade, ricotta cheese and Parma ham, served with green asparagus, butternut ravioli, caper velouté and port wine jus, or herb crusted local fish, served with sautéed organic swiss chard, baked mussel cannelloni, confit cherry tomatoes and white wine sauce," says Chef Stefan.

"A chocolate teardrop filled with mixed berry mousse finishes off the meal on a sweet note. The dessert is served with tea or coffee and a chocolate heart."

Trees overlooks a leafy avenue adjacent to the famed Dutch East India Company Gardens. Thanks to the restaurant's location on the hotel's first floor, with its large glass windows and soft translucent curtaining, the experience emulates that of being in a tree house.

The Valentine's Day dinner costs R250 per person for three courses or R295 per person for four courses.

Bookings are essential. Please e-mail trees@townhouse.co.za or call 021 465 7050.

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